



COVID 19 – RETURN TO COMPETITIVE TRAINING & MATCH DAY RISK ASSESSMENT

NORTH DUFFIELD DRAGONS JUNIOR FOOTBALL CLUB

Rev 3 Dated: 25th March 2021

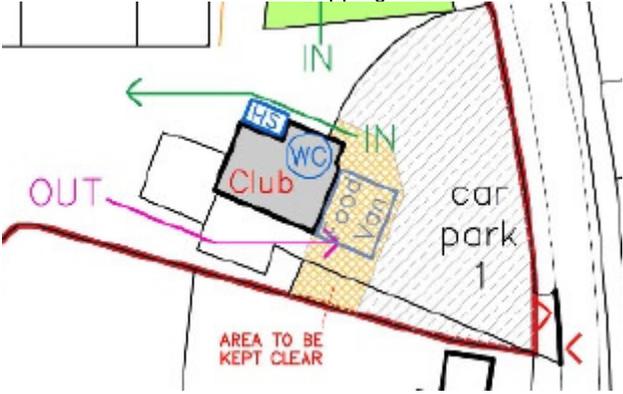
Step 1 Lockdown Roadmap
Restrictions Added

STEP 1	STEP 2	STEP 3	STEP 4		STEP 5
HAZARD	WHO MAY BE HARMED?	RISK PRIOR TO CONTROLS	CONTROL MEASURES REQUIRED	PERSON RESPONSIBLE FOR IMPLEMENTING	RISK CONTROLS IN PLACE
<i>Communication</i> Covid-19 protocol briefings shared and practised with coaches and volunteers.	Everyone	High	Coaches read and understand Covid -19 Risk Assessment and all ancillary guidance so they can be effective leaders in controlling and mitigating potential risk.	Coaches	Medium - Low
<i>Communication</i> Covid-19 protocols briefing's done with club participants	Everyone	High	Club to prepare and issue Covid-19 Risk assessment to all participants.	Coaches	Medium - Low

(players and parent group)					
<i>Communication</i> Covid-19 protocols briefing's done with Away team coach	Everyone	High	To minimise the risk of infection from/to visiting teams and visiting spectators: <ul style="list-style-type: none"> Coaches to communicate NDDJFC Covid-19 Risk assessment to away team coach prior to match day. Coaches to send NDDJFC Visitor Information Sheet to away team coach Coaches to verbally brief away team coach on arrival on social distancing, car parking, welfare facilities, catering facilities, access/egress, expected conduct of players, parents and coaches. 	Coaches	Medium
<i>Consent & Conduct –</i> Player parent/guardian informed consent provided and conduct acknowledged to allow player to participate.	Everyone	High - Medium	To minimise the risk of infection: <ul style="list-style-type: none"> Parent to have read, understood and provided signed consent for their player to participate in training and match day activities (reference Covid-19 Return to Training Parent Consent and Conduct form). Coaches to ensure that these are completed for all players and returned to the club secretary – prior to participation. 	Parents Coaches	Medium - Low
<i>Prior To Arrival - Contagious Individual, infection risk to others.</i>	Everyone	High	Each participant should self-screen prior to arrival at training or match to ensure they do not have any of the following symptoms (confirmed by a parent for those under age 18), as these are potential indicators of Covid-19 infections. <ul style="list-style-type: none"> A High Temperature (above 37.8°C) A new continuous cough Shortness of breath A sore throat Loss of or a change in normal sense of taste or smell Feeling generally unwell Been in close contact with/living with a suspected or confirmed case of Covid-19 in the previous two weeks. 	Individual participant with confirmation by parent/guardian for under 18's.	Medium - Low

			<ul style="list-style-type: none"> A paper/electronic record of each players self-screen needs to be logged with the coach prior to arrival and kept by the coach. See below. <table border="1"> <thead> <tr> <th>Each participant should self-screen prior to arrival at training to ensure they do not have any of the following symptoms (confirmed by a parent for those under age 18), as these are potential indicators of Covid-19 infection.</th> <th>Check negative</th> <th>Check positive</th> </tr> </thead> <tbody> <tr> <td>A high temperature (above 37.8°C) <ul style="list-style-type: none"> Some clubs may include on-site temperature checking of participants as part of their SOP, this is more relevant to clubs who employ medical staff. </td> <td><input type="checkbox"/></td> <td><input type="checkbox"/></td> </tr> <tr> <td>A new continuous cough.</td> <td><input type="checkbox"/></td> <td><input type="checkbox"/></td> </tr> <tr> <td>Shortness of breath.</td> <td><input type="checkbox"/></td> <td><input type="checkbox"/></td> </tr> <tr> <td>A sore throat.</td> <td><input type="checkbox"/></td> <td><input type="checkbox"/></td> </tr> <tr> <td>Loss of or change in normal sense of taste or smell.</td> <td><input type="checkbox"/></td> <td><input type="checkbox"/></td> </tr> <tr> <td>Feeling generally unwell.</td> <td><input type="checkbox"/></td> <td><input type="checkbox"/></td> </tr> <tr> <td>Been in close contact with/living with a suspected or confirmed case of COVID-19 in the previous two weeks.</td> <td><input type="checkbox"/></td> <td><input type="checkbox"/></td> </tr> </tbody> </table>	Each participant should self-screen prior to arrival at training to ensure they do not have any of the following symptoms (confirmed by a parent for those under age 18), as these are potential indicators of Covid-19 infection.	Check negative	Check positive	A high temperature (above 37.8°C) <ul style="list-style-type: none"> Some clubs may include on-site temperature checking of participants as part of their SOP, this is more relevant to clubs who employ medical staff. 	<input type="checkbox"/>	<input type="checkbox"/>	A new continuous cough.	<input type="checkbox"/>	<input type="checkbox"/>	Shortness of breath.	<input type="checkbox"/>	<input type="checkbox"/>	A sore throat.	<input type="checkbox"/>	<input type="checkbox"/>	Loss of or change in normal sense of taste or smell.	<input type="checkbox"/>	<input type="checkbox"/>	Feeling generally unwell.	<input type="checkbox"/>	<input type="checkbox"/>	Been in close contact with/living with a suspected or confirmed case of COVID-19 in the previous two weeks.	<input type="checkbox"/>	<input type="checkbox"/>	Coaches	
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Prior To Arrival Travel Arrangements, infection risk.	Everyone	High	<p>To minimise the risk of infection:</p> <ul style="list-style-type: none"> Social distancing measures (2m) should be observed. Participants should not share lifts with other family groups. No car-pooling. 	Players and Parents	Medium - Low																								
Prior to Arrival – Clothing Infection risk	Everyone	High	<p>To minimise the risk of infection:</p> <ul style="list-style-type: none"> Players to arrive at the venue in a freshly laundered kit. Players should arrive with laces tied, shinpads on, ready to play. 	Players and Parents	Medium - Low																								
Prior to Arrival – Hand Sanitisation Infection risk	Everyone	High	<p>To minimise the risk of infection:</p> <ul style="list-style-type: none"> All participants to ensure they wash their hands for 20 seconds (minimum) with soap and water before leaving home to attend a training or match session. All participants to bring their OWN hand sanitizer with their name clearly marked on to each training session and match. 	Players and Parents	Medium - Low																								

<i>Prior to Arrival – Player Sundry items (GK gloves, Drinks Bottles, snacks, additional clothing)</i> Infection risk	Everyone	High	To minimise the risk of infection: <ul style="list-style-type: none"> All sundry participant equipment and clothing items should be cleaned/sanitised prior to arrival. All items should be clearly labelled with the players name. All players should have their OWN drinks bottle clearly labelled. Player items should not be shared e.g goalkeeper gloves and drinks bottles. 	Players and Parents	Medium - Low
<i>Prior to Arrival – Player sunscreen application and medication</i> infection risk.	Everyone	High – Medium	To minimise the risk of infection: <ul style="list-style-type: none"> All players/parents should ensure that they have applied sunscreen prior to arrival. Any necessary re-application should be done by the player/parent using their own dedicated and labelled sunscreen. All medication should be clearly labelled with the players name. Inhalers should NOT be shared. 	Players and Parents	Medium - Low
<i>Arrival at Training/Match</i> Managing risk of infection	Everyone	High - Medium	To minimise the risk of infection: <ul style="list-style-type: none"> All participants where possible should ensure that they have scanned the displayed QR codes and 'checked in' via the NHS Track and Trace App. QR codes specific to the North Duffield Playing Fields site will be displayed on yellow manikins at entry points to the fields. 	All participants	Medium - Low
<i>Arrival at Training/Match</i> Social Distancing	Everyone	High	To minimise the risk of infection: <ul style="list-style-type: none"> All participant's (players, parents, coaches and match officials) to observe 2m social distancing at all times. Parent families to limit their attendees to 2no parents and 1no sibling per player. 1no parent per player Coaches to communicate with parent group on social distancing protocol prior to event. Coaches to mark out using respect line and cones 'safe family hub areas' prior to arrival. 	All participants Parents Coaches Coaches	Medium - Low

<p>Arrival at Training/Match Car Parking</p>	<p>Everyone</p>	<p>Medium</p>	<p>To minimise the risk of infection:</p> <ul style="list-style-type: none"> • Parents should park in the designated car park, assigned & communicated beforehand by the team coach. • All participants should be respectful when parking and observe 2m social distancing in and around cars. • Matchday carparking to be co-ordinated by volunteer marshals. • Coaches to communicate carparking designation to away team coach prior to match day. 	<p>Parents & Coaches</p>	<p>Low</p>
<p>Arrival at Training/Match Pedestrian access and egress from field – moving around the field.</p>	<p>Everyone</p>	<p>High</p>	<p>To minimise the risk of infection a one-way access and egress system will be used:</p> <ul style="list-style-type: none"> • Entrance onto the field from the gravel (pavilion) carpark will be the normal route between the pavilion wall and the notice board. • Exit from the field to the gravel (pavilion) carpark will be via the alternate one way route between the shipping container and the under 5's play area.  <ul style="list-style-type: none"> • Entrance and exit onto the field from the overflow (bowling green) carpark will be by a contraflow system as shown below. 	<p>Parents & Coaches</p>	<p>Medium - Low</p>

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<p><i>Arrival at Training/Match Track & Trace</i></p>	Everyone	Medium	<p>In order to assist authorities in onward control and infection prevention NDDJFC will be recording all attendees at both training sessions and matches;</p> <ul style="list-style-type: none"> • It is the coach's responsibility to record and keep this information. • The names of each player attendee should be recorded. • Coaches should encourage away team coaches to do this also but it is NOT our responsibility to record away team players. • Track and trace records to be forwarded to NDDJFC Club Covid Officer on weekly basis kellymariegranti@yahoo.com 	Coaches and NDDJFC Covid-19 Officer	Low
<p><i>Arrival at Training/Match Welfare Facilities Pavilion WC</i></p>	Everyone	High	<p>To minimise the risk of infection a one-way access and egress system will be used for the pavilion WC:</p> <ul style="list-style-type: none"> • Changing facilities will not be available • Hand sanitiser will be available at point of entry and exit. • Only 1 player/parent can use the WC at a time. • Everyone queuing to use the WC should do so at 2m intervals. • WC to be sanitised before/after use at pre-start and pack up. • All door handles to be sanitised and wiped down at pack up. 	<p>All participants</p> <p>All participants</p> <p>Designated Coach.</p>	<p>Medium - Low</p>
<p><i>Training/Match Coaches Set Up</i></p>	Everyone	High	<p>In order to minimise the risk of infection coaches should adhere to the following:</p> <ul style="list-style-type: none"> • Ensure that self-screen record for every player has been received prior to session/match. • Coaches should store their own equipment at home. • All equipment needs to be washed down prior to the session/match and afterwards. 	Coaches	<p>Medium - Low</p>

			<ul style="list-style-type: none"> • Corner flags and goal posts should be sanitised and wiped down before and after the session/match. • Handle and padlock to the container should be sanitised and wiped down by the first to open up and the last to lock up. • Pavilion hosepipe used for clean down should be sanitised prior to use and after use by each individual who uses it. • Coaches should wear a facemask covering on match days when greeting players and when interacting in close proximity e.g during briefing's at half time or during breaks in play. • Coaches to have their own hand sanitiser, clearly labelled. • Substitute team benches CANNOT be used. • Coaches to prevent the swapping of shirts/bibs. • Goalkeeper gloves not to be swapped between players. • Goalkeeper shirts not to be swapped between players, use freshly laundered bibs (one per player) if you plan on rotating your goalkeeper during a game. • Player spitting to be policed vigorously. • Coaches to ensure players observe social distancing when not directly involved (e.g substitute on side of pitch or static during training session). • Coaches to design sessions to minimise the duration of direct contact between players (e.g avoid queuing systems for training drills, unnecessary physical contact) • Coaches to police and discourage hand to hand contact (high fives etc) and encourage non-contact goal celebrations. 		
<i>Arrival at Training/Match Catering</i>	Everyone	High - Medium	<p>During matchdays on-site catering will be provided by Mandy & Kev. They will be providing and managing their own procedures with respect to Covid -19.</p> <p>It is everyone's responsibility to adhere to their instructions and be respectful at all times.</p>	All participants	Medium - Low
<i>Training/Match 1st Aid Scenario Managing Someone who becomes Symptomatic</i>	Everyone	High	<p>What to do if someone develops Covid-19 Symptoms whilst at a training session or during a match;</p> <ul style="list-style-type: none"> • Separate the player immediately from the wider group. • Determine if the players needs urgent medical attention and if so call for help (may include an ambulance). Ensure correct use of Personal Protective Equipment (PPE) • If they are a child they should be taken home, or 	Coaches	High - Medium

<p><i>Refer to FA First Aid Guidance For Returning to Outdoor Competitive Grassroots Football</i></p>			<p>to seek medical attention if required, by a member of their household, and follow government guidance for symptoms of Covid-19.</p> <ul style="list-style-type: none"> • If they are an adult: and symptoms are mild, advise them to return home and follow government guidance for symptoms of Covid-19. If the symptoms are moderate-severe, advise they do not drive, but get support from a household member to return home, they should not be taken home by someone who is not a member of their household/social bubble. They should then seek medical attention as appropriate. 		
<p><i>Training/Match 1st Aid Scenario 1st Aid Response – minor injuries, slips, trip, falls.</i></p>	<p>Everyone</p>	<p>High</p>	<p>In order to minimise the risk of infection:</p> <ul style="list-style-type: none"> • Coach/Team 1st Aid Responder to maintain social distancing if possible. • Ideally a member of the players household (parent) will be able to offer assistance to the player. • 1st Aid qualifications up to date • Access to available and suitable 1st Aid Kit 	<p>Parent Coach/1st Aid Responder</p>	<p>Medium - Low</p>
<p><i>Training/Match 1st Aid Scenario 1st Aid Response – Life or limb threatening injury.</i></p>	<p>Everyone</p>	<p>High</p>	<p>In order to minimise the risk of infection:</p> <ul style="list-style-type: none"> • An incident of this nature will more than likely require compromising the government guidelines on social distancing to enable emergency care until the ambulance arrives. • In the event of a life or limb threatening injury the 1st aid responder should be equipped with the appropriate PPE as set out in the table below. 	<p>Parent Coach/1st Aid Responder</p>	<p>High - Medium</p>

What are the hazards?	Gloves	Apron	Fluid-resistant long-armed gown/coveralls	Fabric/cloth mask [^]	Fluid-resistant Surgical Face mask Type IIR	Filtrating Face Piece Respirator 3 (FFP3) mask ^{^^}	Eye Protection Goggles/ Full face visor in addition to personal spectacles
	SINGLE USE*	SINGLE USE*	SESSIONAL USE**	SESSIONAL USE**	SESSIONAL USE**	SESSIONAL USE REUSABLE***	SESSIONAL USE REUSABLE***
NON-MEDICAL SCENARIO Where social distancing may be compromised [†] including at training	X	X	X	✓	X	X	X
LEVEL 1 Where government-advised distancing may not be maintained at all times	X	X	X	X	✓	X	X
LEVEL 2 Within 2m of player, which may include face to face contact for assessment and management of all individuals including those who are positive or symptomatic	✓	✓	X	X	✓	X	✓
LEVEL 3/AGP Aerosol-generating procedure (AGP or high potential for aerosol)	✓	X	✓	X	X	✓	✓
[^] 3 layers: 1st water absorbent cotton 2nd filter layer 3rd is water resistant ¹⁴ ^{^^} Please be aware WHO ¹⁴ does recommend FFP2 mask as an alternative in FFP3. However FFP3 is included in this framework as this is in line with PHE [*] Single use: Equipment that must be changed after each contact ^{**} Sessional use: Worn for a period of time when undertaking duties in a specific clinical care setting/exposure environment; a session ends when the responder leaves this defined remit; however, it should be disposed of if it becomes moist, damaged or visibly soiled; ^{***} Reusable equipment appropriately decontaminated to PHE standards that can be reused ¹¹ .							
<ul style="list-style-type: none"> • 1st Aid qualifications up to date • Access to available and suitable 1st Aid Kit • Access to available and suitable PPE. 							

Note: Players can only train and play in matches if:

1. The parent returns a signed parent consent form.
2. The parent return a completed self screen form prior to every match/training session.

If during a session a parent fails to follow the FA / Club guidelines, then the session should be stopped and the parent asked to adhere to the guidelines. If they fail to do so, then the parent & player should be asked to leave training. If a player fails to follow the rules repeatedly during a session then they should be asked to stop and take no further part in the session. Parents should be made aware of this prior to agreeing to return to training.

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Risk Assessment Completed By:

Name: *Robert Holmes*

Club Role: *Under 10's Coach*

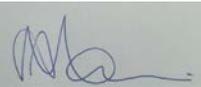
Signature: 

Date: *25th March 2021*

Checked By Club Committee Member:

Name: *Nick Mennell*

Club Role: *Chairman*

Signature: 

Date: *25th March 2021*



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